The Effect of Kiatsu® Therapy on Episodic Migraine: a Pilot Project

Opportunity to participate in a unique research study for prevention of migraine headaches.

Participants will receive Kiatsu®, which involves touch with mild to moderate pressure involving the flow of energy, along with instruction in posture and deep breathing methods once a week for 4 sessions, followed by sessions once a month for 5 months.

If you are:
• female
• between the ages of 18 and 50 years (inclusive)
• have 3 or more migraines a month
you may be eligible to participate.

Study investigators:
Dr. Terry Copperman, M.D.
Dr. Marjorie Woolacott, Ph.D. Professor Emeritus of Neurobiology
Calvin Tabata, Chief Instructor of the Northwest Ki Federation

For more information contact Terry Copperman M.D. at study@kiatsu-research.org, visit kiatsu-research.org, or leave a message for Dr. Copperman to return your call at (541) 687-8581.